

SEA LEVEL I

Transformational Retreat

June 4th - 9th, 2022 (5-nights, 6-days)

What Is Sea-Level?

A transformational and immersive experience in the heart of the Costa Rican jungle designed to awaken your true nature creating clarity, direction, and purpose.

- Fully disconnect from life and reconnect your mind, heart, body, and spirit.
- Identify and eliminate limiting beliefs
- Learn what will create a more fulfilling life
- Join a community of leaders, creators, and brothers
- Become a better partner, husband, father, friend
- Discover tools to add fire back into your days



An All-Inclusive Transformational Experience

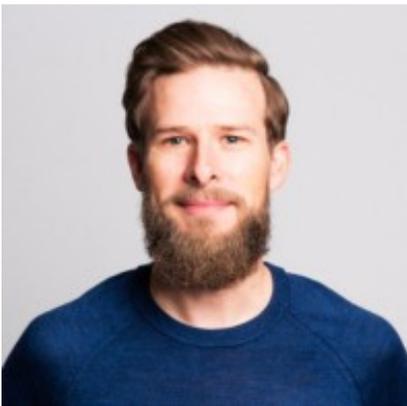
What is included:

- All lodging, meals, and access to venue amenities
- Small plane and taxi transfer inside Costa Rica
- Healthy and nourishing farm-to-table meals each day
- Expert facilitation and exclusive transformational programming
- A community of like-minded seekers, leaders, and creators
- Daily rejuvenating and restorative experiences
- Plant Medicine Journey + Integration

Retreat Instructors

Jeff Zacharski

Founder + Lead Coach



Jeff is gifted with 20+ years of integrated start-up experience and expertise in transformational spaces, business and technical operations, and leadership. He is more than an Executive and Leadership Coach. He's a pioneer for open hearted connection. His process is immersive and transformative, that's why he created SEA LEVEL, to evoke the personal power in individuals and organizations alike, building frameworks and tools designed to have you execute on your vision at an accelerated pace. He sees a world where everyone gets to be fully expressed. That starts with you.

Kacey Cardin

Plant Medicine + Integration Coach



Kacey brings innovation, authenticity, and power to leaders and organizations who are creating their Next Level Results. Kacey Cardin Coaching reinvents and reignites company cultures and individual paradigms to create impactful, lasting shifts in mindset, communication, and measurable results. Kacey works with clients worldwide and is available for executive coaching, couples coaching, team and organizational coaching, as well as seminars, workshops, and speaking engagements.

Troy Mitchell

Support Coach



Troy is an artist, coach, and entrepreneur who dwells in the potential of life when living in ultimate possibility. Troy has been doing transformational work for the past 6 years. Living by the mantra, “the universe punishes ambiguity,” Troy is committed to being a source of Creativity, Inspiration, and Love for all who cross his path in service of those looking to create a better future for themselves and the many that will come after!

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